



**GDAHA**

Greater Dayton Area  
Hospital Association



**Kettering**  
HEALTH 

# Kettering Health Behavioral Medical Center

## *2026-2028 Implementation Strategies*

### Executive Summary

Representatives from GDAHA member hospitals and partner agencies convened for a one-day session to define key priorities and strategies for the region's Community Health Improvement Plan (CHIP). Guided by insights from the 2024 Dayton Area Community Health Needs Assessment, this collaborative effort focused on addressing the most pressing health challenges in the region.

The CHIP workgroup identified three overarching priority areas spanning the full continuum of care:

- **Barriers to Accessing Care:** Addressing systemic and logistical obstacles that prevent individuals from receiving timely and appropriate healthcare.
- **Healthcare Services:** Enhancing the efficiency, coordination, and quality of healthcare services across the region.
- **Wellbeing and Quality of Life:** Addressing factors that contribute to long-term physical, mental, and social wellbeing.

For each priority area, targeted strategies were developed to drive meaningful improvements. While many strategies are specific to each focus area, two cross-cutting themes emerged as critical across all priorities: **advocacy** and **social determinants of health (SDOH)**.

- **SDOH:** such as economic stability, education, and access to nutritious food—profoundly influence patient outcomes and healthcare costs. Hospitals play a vital role in connecting patients to community-based organizations and nonprofit resources that can meet these needs. Addressing SDOH is essential for reducing health disparities, improving preventive care, and fostering a healthier, more equitable Dayton region.
- **Advocacy:** by championing policies that support equitable healthcare access, funding for public health initiatives, and stronger community partnerships, hospitals and stakeholders can help shape a healthcare environment that better serves the needs of all Dayton residents. Collaborative advocacy efforts will be essential in driving policy changes that support the long-term success of the CHIP.

This CHIP serves as a strategic roadmap for regional collaboration, ensuring that healthcare providers, policymakers, and community partners work together to create sustainable, long-term improvements in health outcomes.

## Kettering Health Mission and Values

### Our Mission:

To live God's love by promoting and restoring health.

### Our Values:

Emerging from our mission, our values shape the decisions and actions that enable us to continue to become a remarkable team.

- **Belonging**- Ensuring everyone is seen, heard, and empowered by valuing different perspectives, practicing respect, and inviting collaboration.
- **Wholeness**- Recognizing the whole person by supporting physical, emotional, and spiritual well-being in every interaction.
- **Excellence**- Driving toward the highest standards of care through a relentless focus on safety, clinical precision, and quality improvement.
- **Leadership**- Demonstrating ownership and accountability as team players by acting thoughtfully, communicating directly, and serving humbly.
- **Learning**- Pursuing growth through a culture of curiosity, focused feedback, and a commitment to delivering better outcomes together.



## Prioritized Health Needs

### Priorities

The priorities for Kettering Health Behavioral Medical Center are the top community health needs identified in the Community Health Needs Assessment (CHNA):

Identified Priorities:

1. Barriers to Accessing Care
2. Elevating Delivery of Health Care Services
3. Wellbeing & Quality of Life

### Significant Health Needs to be Addressed

Implementation Strategies, listed on the following pages, address all the above prioritized health needs with a focus on behavioral and mental health and substance use cessation due to the nature of this facility.

### Significant Health Needs Not Addressed

Not applicable.

## Process for Strategy Development

Jimmy Phillips, Chief Strategy Officer, Cole Taylor, Director of Community Partnerships and Advocacy, and Molly Hallock, Program Coordinator, Community Benefit convened internal stakeholders to ratify the priorities and to develop strategies. Strategies were discussed in several meetings to identify best-practice and evidence-based responses for each priority area. Preferred strategies also:

- Increased or leveraged connections with community-based organizations,
- Reflected the values and best practices of Kettering Health, and
- Promoted alignment and integration with state and local public health priorities.

The CHNA introduction and IS Development Meeting was held on May 5, 2025, with meetings continuing through November 2025.

Attendance:

Mike Gentry, Chief Executive Officer Kettering Health  
Jimmy Phillips, Chief Strategy Officer  
Eric Crouch, Vice President Information Systems  
Timothy Ko, Chief Financial Officer  
Paul Hoover, President Kettering Health Hamilton  
Brooke Harris, Chief Human Resource Officer  
Daniel Wolcott, Acute Care President  
Cole Taylor, Director of Community Partnerships and Advocacy  
Ron Connovich, Kettering Health Medical Group President  
Jody Underwood, Vice President of Population Health  
Adam Maycock, President Kettering Health Main Campus  
Michael Rabuka, Administrative Director of Behavioral Health  
Sonja Kranbuhl, Director of Foundation  
Julie Manual, Manager of Clinical Program Adult IOP  
Stephen O'Neal, Chief Nursing Officer  
Jackie Lovelace, Director of Maternity  
Michelle Beebe, Manager Network Outreach

## Implementation Strategies

Chrissie Richards, Executive Director of Women's Services  
Erica Schneider, President Kettering Health Miamisburg & Washington Township  
Aimee Fahey, Vice President Patient Care  
Steven Chavez, Vice President Finance  
Kyla Dierker, Director of Nursing  
Teri Warner, Practice Manager  
Lisa Geloff, Administrative Director  
Molly Hallock, Community Benefit Coordinator  
Laurie Jakoplic, Manager Community Outreach

The hospital committee finalized its implementation strategies in October 2025. Senior leaders at the hospital approved final versions before presenting the implementation strategies to the Board of Directors in November 2025.

Several strategies are contingent on community involvement and partnerships for their eventual success. Hospitals traditionally have not sought to share responsibility for health outcomes with external partners. There is a degree of uncertainty about exactly how collaborations will develop, but the potential of broad-based and tangible improvements is worth the risk. This level of sharing is the only path forward to improve impact for individuals and for the health of the community. With robust community partnerships, another advantage will be the ability to respond as new emerging issues surface.

## Description of Strategies

<b>Program</b>	<b>Description</b>
<b>College Age Intensive Outpatient Program (IOP)</b>	The college-age IOP tailors its curriculum to fit the unique needs of 18–25-year-old college students. This specific IOP was developed after local colleges were overwhelmed with the high demand of students needing support. Kettering Health, in partnership with Dayton Children's and local colleges, developed the college-age IOP. The first college-age IOP in the region will be available with the fall semester 2025.
<b>Perinatal Intensive Outpatient Program (IOP)</b>	A Maternal Mental Health IOP will address a serious gap in mental health services for women within the perinatal period. Mental health conditions were the leading cause of pregnancy-related deaths in Ohio from 2008-2018. This program will provide needed support and education to women who are struggling with mental health issues during and after pregnancy. Kettering Health will be the first hospital system in the Region to offer Perinatal Mental Health services.
<b>Tobacco Cessation</b>	Tobacco use is a public health crisis causing harmful effects to both users and those around

Program	Description
	secondhand smoke. Kettering Health Community Outreach will take tobacco cessation referrals and connect those individuals to available resources free of charge. There are many free programs in the Dayton area that can help you quit tobacco. These programs will take you through the quitting process, provide nicotine replacement therapy, and support you so you can quit for good. All programs address e-cigarettes/vaping and are held virtually unless otherwise indicated.
Brigid's Path	Brigid's Path provides inpatient medical care for drug-exposed newborns and non-judgmental support and advocacy to improve family outcomes. A Kettering Health leader serves on its board, and KH provides its electronic health record software

Document Structure

Barriers to Accessing Care	Healthcare Services	Wellbeing & Quality of Life
Cross-Cutting Strategies: Addressing Social Determinants of Health (SDOH) & Advocacy		
Strategy #1: Population specific IOP's as shown in Healthcare Services	Strategy #1: Intensive Outpatient Programs: Impacting Mental Health  Strategy #2: Brigid's Path	Strategy #1: Tobacco Cessation

## Barriers to Accessing Care

Reducing barriers to accessing care continues to be a priority focus area for the Dayton region. This priority area places focus on improving the region's health literacy. Our collaborative efforts will ensure community members, particularly those who are underinsured or uninsured, understand their care benefits, coverage options, and how to access and navigate the system effectively.



**42%**

Cost/No Insurance



**40%**

Difficult to Get an Appointment



**31%**

Inconvenient Appointment Times



**24%**

Could Not Get Time off Work

### More than 1 in 5

Greater Dayton Area adults experienced some sort of transportation issue.



Source: 2024 Dayton Area Community Health Needs Assessment

*\*See population specific IOP's in the Healthcare Services pages\**



## Healthcare Services

Our Greater Dayton hospitals play a vital role in addressing chronic disease, maternal and infant health, and behavioral health. This priority area will advance the Greater Dayton region's community health through enhanced healthcare services. It will help patients navigate long-term conditions, reduce preventable complications, ensure healthier pregnancies and births, and address the growing need for comprehensive behavioral health services.



**35%**

Of adults had ever been diagnosed with high blood pressure. Greater Dayton Area adults diagnosed with high blood pressure were also ages 65 or older (53%), Black (39%), or male (37%).



**5%**

Of adults reported they had survived a heart attack or myocardial infarction in their lifetime. This increased to 10% of all adults 65 years of age or older.



**8,015**

Total pre-term births between 2018-2022\*



**6,221**

Total low birth weight births between 2018-2022\*



**21%**

Of adults had a period of two or more weeks when they felt so sad or hopeless nearly everyday that they stopped doing usual activities in the past year.



**38%**

Of Greater Dayton Area adults rated their mental health as not good during four or more days in the previous month.

*Source: 2024 Dayton Area Community Health Needs Assessment*

## Strategy #1

### Intensive Outpatient Programs: Perinatal & College-Age

*Support mental health for special populations*

Kettering Health is the first in the region to develop and implement a perinatal mental health program to improve infant and maternal health outcomes and a college age mental health program.

- A. The perinatal IOP will evaluate the mental health of the mom, the mom/baby attachment, and medication management. Additional resources such as WIC, Jobs and Family Services, Lactation Consultants among others will be available. The program is 4-6 weeks including, 12 hours of treatment/week. Moms and babies can attend the perinatal outpatient program.
- B. The college-age IOP tailors its curriculum to fit the unique needs of 18–25-year-old college students. This specific IOP was developed after local colleges were overwhelmed with the high demand of students needing support. Kettering Health, in partnership with Dayton Children's and local colleges, developed the college-age IOP. The first college-age IOP in the region will be available with the fall semester 2025.

OUTCOMES	ACTION ITEMS	PARTNERS & RESOURCES
<b>IOP: Perinatal and College</b> <ul style="list-style-type: none"> <li>Track days from referral to program</li> <li>% participants/program completion</li> <li>% accepted to the IOP</li> <li>Track referrals to the program</li> </ul>	<b>Perinatal IOP</b> <ul style="list-style-type: none"> <li>.5 NP + 2FTE</li> <li>Infrastructure to accommodate babies: camera's, panic buttons, cribs etc.</li> </ul> <b>College-age IOP</b> <ul style="list-style-type: none"> <li>.2 NP + 1 FTE, DC to provide .8 clinician and .5 FTE</li> <li>Program onsite at KHBMC</li> </ul>	<b>Perinatal IOP</b> <ul style="list-style-type: none"> <li>KHWT</li> <li>First Steps</li> <li>POEM</li> </ul> <b>College-age IOP</b> <ul style="list-style-type: none"> <li>Dayton Children's</li> <li>Sinclair Community College, Wright State, UD, Premier Health, Clark State, Kettering College</li> </ul>

## Strategy #2 Brigid's Path

*Enhance the quality and accessibility of pre and postnatal care to expectant mothers with substance use disorder*

- A. Brigid's Path provides inpatient medical care for drug-exposed newborns and non-judgmental support and advocacy to improve family outcomes. A Kettering Health leader serves on its board, and KH provides its electronic health record software

OUTCOMES	ACTION ITEMS	PARTNERS & RESOURCES
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## Implementation Strategies

- KH leader board representation
- Cost of providing EMR
- # of referred deliveries
- Continuity of referrals to BP
- Brigid's Path
- OB Clinics

## Wellbeing & Quality of Life

There is an opportunity to proactively support and encourage the wellbeing of those who live in the Greater Dayton area. Wellbeing (or lack thereof) is viewed as an underlying driver of health choices and outcomes. A shared focus on this priority area can encourage individuals to adopt healthier lifestyles, leading to long-term improvements in physical and mental well-being.



**45%**

Of adults reported that poor mental or physical health kept them from doing usual activities such as self-care, work, or recreation in the past month.

*Source: 2024 Dayton Area Community Health Needs Assessment*

## Strategy #1 Tobacco Cessation

Encouraging and supporting healthy behaviors and substance use cessation.

Tobacco use is a public health crisis causing harmful effects to both users and those around secondhand smoke. Kettering Health Community Outreach will take tobacco cessation referrals and connect those individuals to available resources free of charge. There are many free programs in the Dayton area that can help you quit tobacco. These programs will take you through the quitting process, provide nicotine replacement therapy, and support you so you can quit for good. All programs address e-cigarettes/vaping and are held virtually unless otherwise indicated.

OUTCOMES	ACTION ITEMS	PARTNERS & RESOURCES
<ul style="list-style-type: none"> <li># of referrals</li> </ul>	<ul style="list-style-type: none"> <li>.25 FTE from KH Community Outreach to connect referrals to resources &amp; teach tobacco cessation classes.</li> </ul>	<ul style="list-style-type: none"> <li>1800QuitNow</li> <li>ODH</li> </ul>

### Accountability

The hospital president will be responsible for ensuring progress on the measures used to evaluate the impact of each strategy. Periodic updates will ensure strategies stay on target. Annually hospital executive and board members will receive progress reports.

11 / 7 / 2025

Date approved by Kettering Health Board of Director