



Kettering Health Behavioral Medical Center Implementation Strategies 2023 – 2025

Mission & Vision

Our Mission:

To improve the quality of life of the people in the communities we serve through health care and education.

Our Vision:

Kettering Health (KH) will be recognized as the leader in transforming the health care experience.

Our Values:

- Trustworthy
- Innovative
- Caring
- Competent
- Collaborative

Community Served

Montgomery County in Ohio

Prioritized Community Health Needs

Priorities

The priorities for Kettering Health Behavioral Medical Center are the top community health needs identified in the Community Health Needs Assessment (CHNA):

Need Priorities Listed

1. Increase access to services in order to improve equitable outcomes for the region's top health care needs: behavioral health, cardiovascular disease, dental, vision and maternal/infant health.
 - cardiovascular conditions
 - mental/behavioral health
 - lung/respiratory health
 - dental
 - maternal health
 - vision
 - prevention
2. Address access to and use of resources for food and housing, with a focus on the development and strengthening of partnerships between providers and community-based organizations.
3. Strengthen workforce pipeline and diversity, including cultural competence within the healthcare ecosystem.

Significant Health Needs to be Addressed

Implementation Strategies, listed on the following pages, address all the above prioritized health needs.

Significant Health Needs Not Addressed
Not applicable.

Process for Strategy Development

Jonathan Duffy, Executive Director of Mission and Ministry, and Molly Hallock, Program Coordinator, Community Benefit convened internal stakeholders to ratify the priorities and to develop strategies. Strategies were discussed in several meetings to identify best-practice and evidence-based responses for each priority area. Preferred strategies also:

- *Increased or leveraged connections with community-based organizations,*
- *Reflected the values and best practices of Kettering Health, and*
- *Promoted alignment and integration with state and local public health priorities.*

Listed below are the meeting date ranges and attendees.

March 2022-October 2022

Fred Manchur, CEO, Kettering Health

Michael Mewhirter, CFO, Kettering Health

Timothy Dutton, EVP, Mission, Brand and People

Becki Cox, Administrative Director Behavioral Health Administration

Jonathan Duffy, Executive Director Mission and Ministry

Molly Hallock, Community Benefit Coordinator

The hospital committee finalized its implementation strategies in October 2022. Senior leaders at the hospital approved final versions before presenting the implementation strategies to the Board of Directors in November 2022.

Several strategies are contingent on community involvement and partnerships for their eventual success. Hospitals traditionally have not sought to share responsibility for health outcomes with external partners. There is a degree of uncertainty about exactly how the collaborations will develop, but the potential of broad-based and tangible improvements is worth the risk. This level of sharing is the only path forward to improve impact for individuals and for the health of community. With robust community partnerships, another advantage will be the ability to respond as new emerging issues surface.

Tobacco Cessation – Community

Tobacco use is a public health crisis causing harmful effects to both users and those around secondhand smoke. Kettering Health Community Outreach will take tobacco cessation referrals and connect those individuals to available resources free of charge. There are many free programs in the Dayton area that can help you quit tobacco. These programs will take you through the quitting process, provide nicotine replacement therapy, and support you so you can quit for good. All programs address e-cigarettes/vaping and are held virtually unless otherwise indicated.

2023: 209 referrals were made

2024: 199 referrals were made

2025: 89+ referrals were made

The Community Outreach Team played a critical role in supporting tobacco cessation efforts by identifying and engaging individuals referred through Kettering Health's medical practice as well as community sources. Despite operating with limited tobacco cessation resources, the team proactively contacted referred individuals to discuss cessation options tailored to their unique needs and circumstances. Due to demand, one certified tobacco cessation specialist started teaching in-person courses to the community. To further expand the program's reach and impact, the tobacco cessation specialist is in the process of obtaining an additional certification focused on working with vulnerable teenage populations.

OneFifteen

OneFifteen was a new nonprofit health initiative. It is dedicated to the full and sustained recovery of people suffering from opioid addiction. Its campus will expand treatment options in the region, and it will have a treatment center (inpatient and outpatient), rehabilitation housing, and wrap-around services. Kettering hospitals will make referrals, and are partners with Premier Health Partners. Kettering Health has committed \$2 million in 2023 and \$1.5 million in 2024.

OneFifteen was closed and open through the duration of this cycle. It became an unreliable resource and then closed its doors for good in 2025.

Work Force Development

We aspire to create a program that will benefit vulnerable communities in neighborhoods where KH hospitals are located. This program will be established in partnership with the Advent Health-sponsored program in Tampa, Florida, B.E.S.T Academy Leadership Program. Goals include 1) Identifying and recruiting talented 10th-12th graders from communities with high health disparities and under-represented in the health profession by year three of the program. 2) Equipping and empowering students for academic, professional and life skills by improving their self-efficacy. 3) Generating interest in pursuing/considering health science-related careers. **Kettering Health changed course due to progress in another workforce development program called the Kettering Health Nurse Assistant (NA) Program. The Kettering Health NA program is designed to give high school students a pipeline to the healthcare workforce. The course is set up in the high school building and fits within the normal school day. The semester-long curriculum includes CPR certification, KHNA Certification, and many other hands-on experiences led by RN and other clinicians. Once the course is completed, students are qualified and encouraged to seek employment at any KH facility throughout the greater Miami Valley.**

Schools currently in program:

- Alter, Dayton Christian, Hamilton High School, Spring Valley Academy, Thurgood Marshall

Student volumes:

2023

- Alter High School
 - 8 students in class
 - 5 students hired

Kettering Health Behavioral Medical Center

- **Spring Valley Academy**
 - 6 students in class
 - 6 students hired

2024

- **Dayton Christian**
 - (January Term)
 - 13 students in class
 - 11 students hired
 - (Spring semester)
 - 9 students in class
 - 6 students hired
- **Hamilton High**
 - 9 students in class
 - 6 students hired
- **Alter**
 - 14 students in class
 - 12 students hired
- **Dunbar High**
 - 9 students in class
 - 1 student hired
- **Thurgood Marshall High**
 - 9 students in class
 - 2 students hired

2025

- **Dayton Christian**
 - 7 students in class
 - 2 students hired
- **Spring Valley Academy**
 - 8 students in class
 - 3 students hired
- **Hamilton High**
 - 7 students in class
 - 5 students hired

Behavioral Health Support Model

The Behavioral Health Support Model has been instituted across Kettering Health. Its purpose is to support both the psychiatric patient population as well as the clinical staff caring for them in an acute care setting. Specialized staff will provide education to the patient utilizing therapeutic communication while incorporating de-escalation techniques and positive coping skills to prevent instability. The approach includes a Behavioral Health Assessment Team; a dual-certified Advanced Practice Provider; a Psychiatric Nursing Supervisor; and Mental Health Technician Safety Partners. Behavioral health assessments can occur at the hospital or via telehealth. Chemical dependency assessment would occur in the ED. The ED would be able to make referrals to treatment providers. The outcomes would be shorter wait times for assessments, reduced time spent in the ED, fewer unnecessary admissions, reduced readmissions, improved access to treatment, and more safety for patients and staff.

BHAT Response Summary

- **Hospital Substance Use:** Substance use continues to present as a significant issue in hospital settings.
- **County Peer Support Programs:**
 - *Greene County:* Launching a peer support group.
 - *Butler County:* Uses “The Coach” and DECOACH Recovery Programs.
 - *Miami County (Troy):* Supported through Miami County Recovery Peer Support.
- **Approach:** BHAT relies heavily on peer support programs embedded within counties where hospitals operate.
- **OneFifteen:** Program has closed operations.
- **Telehealth Resources:** Main campus and DO offer telehealth linkage interviews via iPads. However, these are underutilized due to limited staffing and resources.
 - Manage BH through put for all 13 campuses
 - Participate in system quality meeting with high utilizer patients with BH issues
 - Provide education across all 13 campuses on legal status concerns, patient relations issues, and difficult patient behaviors
 - Primary liaison with community systems in 6 counties, including all ADAMHS Board activities (i.e. AOT, NGRI tracking, CIT, MCRT, Familiar Faces meetings)
 - Participate in Ascend Innovations meetings for projects supporting KH and BH system
 - System contributor for psych support model, physician initiatives, and ethical concerns
 - Policy and protocol guidance

BHAT TOTAL Touchpoints (Includes Psych supports, SUD, SBIRT, PTSD screens)

2023=15,648

2024=15,280

2025=11,564 To-date

Telehealth:

2023

Dayton	Hamilton	Main	Miamisburg	Soin	Troy
233	256	256	814	1018	244

2024

Dayton	Hamilton	Main	Miamisburg	Soin	Troy
201	242	259	730	919	162

2025

Dayton	Hamilton	Main	Miamisburg	Soin	Troy
93	148	152	364	405	93

Intensive Outpatient Program

Kettering Health Behavioral Health Center offers the only Intensive Outpatient Program (IOP) in the Dayton area for first responders. This specialty program focuses on first responders suffering from PTSD, providing them with specialty care when they need it most.

2023: 16 participants were served in ATC (After the Call) IOP

2024: 28 participants were served in ATC (After the Call) IOP

2025: 13 (to-date) participants were served in ATC (After the Call) IOP

1.5 FTE's were utilized to deploy the program

The IOP was designed specifically for first responders in the Miami Valley Region, including: police, fire, healthcare workers, military, dispatch, corrections, and dispatch

We have collaborated with area Police and Fire Departments, completing presentations and providing resources as requested.

Accountability

The hospital president will be responsible for ensuring progress on the measures used to evaluate the impact of each strategy. Periodic updates will ensure strategies stay on target. Annually hospital executive and board members will receive progress reports.

11 / 7/2025

Date approved by Kettering Health Board of Directors