

Welcome to May

Activities to keep you engaged this month:

- 5/1 Green Thumb Club—first meeting of 2024
- 5/2 Spring Valley Academy 3rd/4th Graders' Presentation
- 5/6 Short Stories presented by Centerville Library
- 5/6 Free pampering w/Bernice from Mary Kay
- 5/7 Documentary "Yellowstone National Park"
- 5/8 Green Thumb Club trip to Home Depot
- 5/8 Craft Corner "Painting Flowers"
- 5/9 Tea & Free Store Fashion Show
- 5/10 Mother's Day Tea & Harp Player—Sign Up!
- 5/11 Mildred Brockie's 104th Birthday Celebration
- 5/13 Book Club Enthusiasts
- 5/14 Pickled Food Taste Testing
- 5/15 Culinary Corner "Chocolate Oatmeal No-Bake Cookies"
- 5/15 Entertainer Brian Brenner
- 5/20 May Birthday Celebration & Social
- 5/21 Drumming for Fun & Fitness
- 5/22 Centerville Library presents "Aging with Humor"
- 5/22 Memorial Service for Residents who have passed away
- 5/23 Catholic Mass
- 5/24 Memorial Day Picnic & Entertainment
- 5/28 Star City Dulcimers & More
- 5/29 Ice Cream Sundaes
- 5/29 Entertainers The King's English
- 5/30 Food Committee Meeting (Plaza Residents)

Memorial Day Picnic & Entertainer Mr. Chris

We will once again celebrate the official kickoff of summer, Memorial Day weekend, by hosting an outdoor picnic for all Plaza, Pines, and Village residents on Friday, May 24 from 11:00 am-1:00 pm. Plaza residents will eat at 11:00 am and Village and Pines residents will





eat at Noon. Village residents are encouraged to carpool, due to limited parking. Weather permitting, the picnic and entertainment will be on the front parking lot of the Plaza. (Auditorium, if it rains). Dress in your picnic clothes and be ready for wonderful food, friendship, & music that will get you in the spirit of summer!



May Birthdays

Patricia K. 5/1

Dianne H. 5/2

Margie L. 5/2 Douglas E. 5/3

Marilyn L. 5/4

Ellen T. 5/5

Claudette L. 5/8

Mildred B. 5/11

Evelvn F. 5/15

Linda W. 5/16 Ada R. 5/18

Robert V. 5/19

Pam F. 5/24

Lisa N. 5/26

Kenlyn D. 5/29

Virginia M. 5/30

Village Residents are welcome to attend all activities!

Mother's Day Tea

On Friday, May 10 we will host a tea to honor and celebrate all the Mothers at KHSL. It will begin at 10:00 am, and tea and finger foods will be offered. Live music will be provided by Harpist Caitlin

Lavilla. Ladies, mark your calendars to come celebrate you and all you have done for your family! Please RSVP at the front desk!



Kettering Health Senior Living Newsletter

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Cat Lovers Take Note

The Cat Whisperer is available to share her furry, purr-

ing cat "friend" with anyone desiring some cuddles and snuggles. You may reach her at 937-247-5555 to set up a visit with this Plaza resident.



May Is:

- National BBO Month
- Lupus Awareness Month
- National Pet Month
- National Lume Disease Awareness Month
- National Salad Month
- Get Caught Reading Month
- Inventors Month
- Scrapbooking Month
- Older Americans Month
- Better Sleep Month

Special Days:

- May Day 5/1
- National Brothers & Sisters Day 5/2
- NPR's Anniversary 5/3
- Run for the Roses 5/4
- Cinco de Mayo 5/5
- National Fitness Day 5/7
- Mother's Day 5/12 Tulip Day 5/13
- International Pickle day 5/16
- Endangered Species Day 5/17
- "It's A Beautiful Day in the Neighborhood Day" 5/22
- Senior PGA Tour begins 5/23
- Lucky Penny day 5/23
- Indianapolis 500 Race 5/26
- Memorial Day 5/27
- International Hamburger Dau 5/28
- National Senior Health & Fitness Day 5/29
- National Smile Day 5/31





