



Welcome to May



May Birthdays

- Patricia K. 5/1
- Dianne H. 5/2
- Margie L. 5/2
- Douglas E. 5/3
- Marilyn L. 5/4
- Ellen T. 5/5
- Claudette L. 5/8
- Mildred B. 5/11
- Evelyn F. 5/15
- Linda W. 5/16
- Ada R. 5/18
- Robert V. 5/19
- Pam F. 5/24
- Lisa N. 5/26
- Kenlyn D. 5/29
- Virginia M. 5/30

Village Residents are welcome to attend all activities!

Mother's Day Tea

On **Friday, May 10** we will host a tea to honor and celebrate all the Mothers at KHSL. It will begin at 10:00 am, and tea and finger foods will be offered. Live music will be provided by Harpist Caitlin Lavilla. Ladies, mark your calendars to come celebrate you and all you have done for your family! **Please RSVP at the front desk!**



Kettering Health Senior Living Newsletter

KHSL Leadership and Support Staff

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Cat Lovers Take Note

The Cat Whisperer is available to share her furry, purring cat "friend" with anyone desiring some cuddles and snuggles. You may reach her at 937-247-5555 to set up a visit with this Plaza resident.



May Is:

- * National BBQ Month
- * Lupus Awareness Month
- * National Pet Month
- * National Lyme Disease Awareness Month
- * National Salad Month
- * Get Caught Reading Month
- * Inventors Month
- * Scrapbooking Month
- * Older Americans Month
- * Better Sleep Month



Special Days:

- * May Day 5/1
- * National Brothers & Sisters Day 5/2
- * NPR's Anniversary 5/3
- * Run for the Roses 5/4
- * Cinco de Mayo 5/5
- * National Fitness Day 5/7
- * Mother's Day 5/12
- * Tulip Day 5/13
- * International Pickle day 5/16
- * Endangered Species Day 5/17
- * "It's A Beautiful Day in the Neighborhood Day" 5/22
- * Senior PGA Tour begins 5/23
- * Lucky Penny day 5/23
- * Indianapolis 500 Race 5/26
- * Memorial Day 5/27
- * International Hamburger Day 5/28
- * National Senior Health & Fitness Day 5/29
- * National Smile Day 5/31



Memorial Day Picnic & Entertainer Mr. Chris

We will once again celebrate the official kick-off of summer, Memorial Day weekend, by hosting an outdoor picnic for all Plaza, Pines, and Village residents on **Friday, May 24 from 11:00 am-1:00 pm**. **Plaza residents will eat at 11:00 am and Village and Pines residents will**



eat at Noon. Village residents are encouraged to carpool, due to limited parking. Weather permitting, the picnic and entertainment will be on the front parking lot of the Plaza. (Auditorium, if it rains). Dress in your picnic clothes and be ready for wonderful food, friendship, & music that will get you in the spirit of summer!

