**ADDENDUM:**

**Kettering Health Main Campus 2020-2022**

### Mission & Vision

#### Our Mission:

To improve the quality of life of the people in the communities we serve through health care and education.

#### Our Vision:

Kettering Health Network (KHN) will be recognized as the leader in transforming the health care experience.

#### Our Values:

* Trustworthy
* Innovative
* Caring
* Competent
* Collaborative

### Communities Served

Miami, Montgomery, and Warren Counties in Ohio

### Prioritized Community Health Needs

Priorities

The priorities for Kettering Medical Center are the top community health needs identified in the Community Health Needs Assessment (CHNA):

1. Mental health, including substance abuse
2. Access to care and/or services, including food insecurity and infant mortality
3. Chronic disease
4. Healthy behaviors

Significant Health Needs to be Addressed

Implementation Strategies, listed on the following pages, address all of the above prioritized health needs.

Significant Health Needs Not Addressed

Not applicable.

Process for Strategy Development

Bev Knapp, VP of Clinical Integration and Innovation, PJ Brafford, Network Government Affairs Officer, and Molly Hallock, Program Coordinator, Community Benefit convened internal stakeholders to ratify the priorities and to develop strategies. Strategies were discussed in several meetings to identify best-practice and evidence-based responses for each priority area. Preferred strategies also:

* Increased or leveraged connections with community-based organizations,
* Reflected the values and best practices of Kettering Health Network, and
* Promoted alignment and integration with state and local public health priorities.

Listed below are the meeting dates and attendees. Meetings were facilitated by an external consultant, Gwen Finegan, who also provided technical assistance in follow-up emails and phone calls.

May 8, 2019

Wally Sackett, President, Kettering Medical Center

Anita Adams, President, Sycamore Medical Center

Eric Lunde, President, Troy Hospital

Bill Largo, Director of Spiritual Services and Mission

Bill Mangas, Director of Emergency Outreach

Stephen O’Neal, Assistant Chief Nursing Officer

Rae Norrod, Manager of Cancer Support Services

Jared Still, Foundation, Kettering Medical Center

Barb Emrick, Manager of Center for Heart and Vascular Health

Bonnie Baker-Tattershall, Mission

Kathy Perno, Spiritual Services and Mission

Meredith Lawhorn, EMS Coordinator

Laurie Narigon, Injury Prevention Coordinator

Julie Vincent, Administration

Derek Morgan, Administration HR

Donna Saraga, Soin/Greene Memorial Hospital

PJ Brafford, Government Affairs Officer

Kelli Davis, Community Benefit Coordinator

Molly Hallock, Community Benefit Coordinator

June 17, 2019

Wally Sackett, President, Kettering Medical Center

Anita Adams, President, Sycamore Medical Center

Eric Lunde, President, Troy Hospital

Michael Brendel, VP, Patient Care Kettering Behavioral Medical Center

Julie Vincent, VP Patient Care/KHN Chief Nursing Officer

Bev Knapp, VP of Clinical Integration and Innovation

Peter Bath, VP Mission and Spiritual Services

Miriam Cartmell, Executive Director Surgical and Women’s Services

Stephen O’Neal, Assistant Chief Nursing Officer

Andy Hill, Director of Finance

Bill Largo, Director of Spiritual Services and Mission

Bill Mangas, Director of Emergency Outreach

Rae Norrod, Manager of Cancer Support Services

Lea Ann Dick, Diabetes and Nutrition

Barb Emrick, Manager of Center for Heart and Vascular Health

Kathy Perno, Spiritual Services and Mission

Meredith Lawhorn, EMS Coordinator

Laurie Narigon, Injury Prevention Coordinator

Derek Morgan, Administration

PJ Brafford, Government Affairs Officer

Molly Hallock, Community Benefit Coordinator

July 8, 2019

Wally Sackett, President, Kettering Medical Center

Anita Adams, President, Sycamore Medical Center

Eric Lunde, President, Troy Hospital

Michael Brendel, VP, Patient Care Kettering Behavioral Medical Center

Brent Davis, VP, Finance and Operations

Bev Knapp, VP of Clinical Integration and Innovation

Miriam Cartmell, Executive Director Surgical and Women’s Service

Andy Hill, Director of Finance

Bill Mangas, Director of Emergency Outreach

Lea Ann Dick, Director Practice Operations

Jared Still, Foundation, Kettering Medical Center

Rae Norrod, Manager of Cancer Support Services

Valerie Parker-Haley, Manager, Community Outreach

Meredith Lawhorn, EMS Coordinator

PJ Brafford, Government Affairs Officer

Kelli Davis, Community Benefit Coordinator

Molly Hallock, Community Benefit Coordinator

October 1, 2019

Wally Sackett, President, Kettering Medical Center

Jared Still, Foundation, Kettering Medical Center

Bev Knapp, Vice President of Clinical Integration and Innovation

Derek Morgan, Director, Human Resources

Bill Mangas, Director of Emergency Outreach

PJ Brafford, Government Affairs Officer

Kelli Davis, Community Benefit Coordinator

Molly Hallock, Community Benefit Coordinator

The hospital committee finalized its implementation strategies in October 2019. Senior leaders at the hospital approved final versions before presenting the implementation strategies to the Board of Directors in November 2019.

Several strategies are contingent on community involvement and partnerships for their eventual success. Hospitals traditionally have not sought to share responsibility for health outcomes with external partners. There is a degree of uncertainty about exactly how the collaborations will develop, but the potential of broad-based and tangible improvements is worth the risk. This level of sharing is the only path forward to improve impact for individuals and for the health of community. With robust community partnerships, another advantage will be the ability to respond as new emerging issues surface.

#### Description of Strategies

A table with more details is provided on pages 6 - 7. It includes information about measuring impact, timing, resources, and collaborating partners to accomplish the activities.

Support for Primary Health Solutions FQHC

Kettering Health Network’s hospitals support this Federally-Qualified Health Center in numerous ways. Hospitals refer Medicaid and uninsured patients, with real-time appointment scheduling via scheduler, patient navigator, or social worker. They support the salary of a Nurse Practitioner for a school-based health center, deliver the babies who receive prenatal care in Hamilton, provide space with a 5-year lease for its expansion into Dayton, and provided underwriting for its first 18-months of operations there.

**Supported the Nurse Practitioner for two years; $250,000 over 2 years payed quarterly. Ended April 2020**

Support for Good Neighbor House

Good Neighbor House is an established faith-based nonprofit serving Dayton for 25 years with a full range of health and human services. It serves more than 10,000 households annually with its medical clinic, dental clinic, vision screenings, “Better Choice Food Pantry,” thrift store, and wellness education programs. Hospital leaders assist with development efforts and serve as volunteers.

***$200,000/year 2020, 2021, 2022. Additional $300,000 in 2022-2023 for building updates. New partnership with Soin Family practice residence to perform ambulatory services. 2 residence’s 2 half days per week plus one attending each shift.***

**Due to Covid-19: thrift store closed, and it was determined that it was better for other community-based organizations (CBO) to offer thrift store. Good Neighbor House is approaching nearly 30 years of service. 15,000 households served annually. Added services: pharmacy dispensary, physical therapy, podiatry, counseling. (UD working on psychology services to add an additional layer of mental health services.) 2021 30K individuals. 15 K families. 2022 increases on all service lines. Food pantry (Best estimates due to data loss.) KH helped with IT services to make sure this doesn’t happen again. 2020: 1500 across dental and medical, a drastic reduction due to Covid-19 that shut down services. 14,000 food pantry visits. 30,000 individuals came through food pantry. 465 thousand food items given. Board: 4 active Kettering Health employee. (KH-22-24 Bonnie Baker, Jonathan Duffy, Dan Hotelling, Charles Robinson.)**

**Screenings provided: Soin family medical residents provide professional staffing and ambulatory services. A recent campaign added a 2600 Sq/ft addition that expanded the clinic and separated medical out of dental with a complete remodel of dental. 4 exam rooms were added as well as a provider station. Updates are in the process of being made to IT.. Pharmacy dispensary was moved to a dedicated room. The counselor now has a dedicated space. IT updates are in progress. This expansion and updates allow the building to be much more usable. A special dietary needs program was created and pair education of chronic diseases with monitoring and medical work. Incentives were put in place so that when criteria were met one was rewarded. The goal was to reduce/eliminate disease progression in the following areas: obesity, hypertension, diabetes, and kidney disease. Kettering Health provided $200,000 annually as well as in kind support. An additional $300,000 was offered in 2022-2023 for building expansion.**

Congregational Health

Current evidence supports the effectiveness of congregational health, or health interventions led by faith-based organizations, in disease prevention, increasing healthy behaviors, and more effective health maintenance. *County Health Rankings* classifies these interventions near the top of their rating scale for evidence-based programing. Building on the trusting relationship people have with their church, faith leader, etc. is the key to success. Since relationship building is foundational to this approach, the initiative will start small but hopes to grow in the number of congregations served over the next three years. The program will start with congregations that have already expressed interest. The approximate cost in the pilot year will be $3,400 per church.

**The full program was offered twice at Life Enrichment Center. Various principle presentations were offered at Gem City Market, Spring Valley Academy and Dayton Metro libraries.**

Mobile Grocery

The mobile grocery is part of a larger initiative connected to the Dayton community’s heightened concern about food insecurity. Dayton is in the bottom quartile of US cities for food hardship for families with children. According to a Gallup poll, 29.4% of households have trouble obtaining healthy food. The Gem City Market will be a new full-service grocery store in a low-food access area. Until it is fully operational, a mobile grocery will meet the need by traveling to food desert areas. It is a 3-year commitment until the Gem City Market is ready.

**The teaching kitchen opened in May of 2021 with the goal of bringing healthy and affordable food to the surrounding community. It is a full-service grocery store with community room, coffee house, health clinic and a teaching kitchen and has been utilized by community outreach to demonstrate healthy cooking. Grandview Foundation funded construction of the kitchen and is an ongoing financial partner ($275,000 provided by KHDO). Six-station kitchen provides various classes and programs for the community. Kettering Health Community Outreach Department provides monthly cooking classes. Four Kettering Health staff members are on the wellness committee for GCM. Robust programming included Food Is My Medicine program led by resident Dr. Dulan.**

**Mobile Grocery:**

**Kettering Health Contribution $100,000**

**Homefull Board Representation Tim Dutton, Board Chair**

**Current, regular Weekly Stops 9 (\*there are also Special Event stops)**

**Current Weekly Stop Zip codes 45402, 45404, 45406, 45410, 45417, 45426, 45428**

**# of Customers Served 8,078 (10/20-9/22)**

**% Sales utilizing Incentive Program 80% (SNAP, Produce Perks, SFMNP, etc.)**

**Best Sellers Eggs, Greens, Potatoes, Grapes, Lemons, OJ, Toilet Paper**

Infant Mortality Task Force (EveryOne Reach One)

Montgomery County and Public Health – Dayton & Montgomery County established EveryOne Reach One in 2017 to reduce the County’s infant mortality rate. Its goals are to: reduce preterm births; reduce substance misuse in pregnant women and mothers of infants; and weave social determinants of health into all strategies to reduce health disparities. Two KHN representatives serve on the Task Force. One of them is the Executive Director of Women’s and Children’s Services, who is also Board Chair for the March of Dimes. Physicians also participate in the Annual Summit. The hospital will provide Safe Sleep education to individuals and organizations as a Sleep Ambassador for the Task Force.

***Dayton chapter for March of Dimes rolled into the Cincinnati south west chapter. $5K was provided each year (2020, 2021, 2022) to the chapter.***

***The Annual Summit was canceled in 2020 and 2021 due to the pandemic. Safe sleep video’s were produced to support the IMTF Safe Sleep education. Child birth education classes were offered virtually as a response to the pandemic. Ongoing classes are offered both in-person and virtually.***

Referrals to Prenatal Care from ED

If a woman is found to be pregnant when she visits the Emergency Department (ED), she will be asked if she has an OB provider. Pregnant patients without an Obstetrician will be provided a referral from the ED to a physician or FQHC to encourage timely prenatal care in the first trimester.

***In the network there were 196 women identified as pregnant unattached to a provider and referred for care through all of our EDs.***

Tobacco Cessation – Baby & Me Tobacco Free (through Envision)

The BABY & ME – Tobacco Free Program™ is an evidence-based, smoking cessation program created to reduce the burden of tobacco on the pregnant and postpartum population. It provides counseling support and resources to pregnant women, hoping to improve birth outcomes as well as long-term positive outcomes for women, children, and their families. Women attend four prenatal counseling cessation sessions to receive education and support. At defined intervals, during and after the birth, they can qualify for vouchers to obtain free diapers. A smoker who lives with the pregnant woman can also enroll. Envision operates the program in Butler, Greene, and Montgomery Counties.

**Info provided by Miriam Cartmell**

Hospital-based Tobacco Cessation

Kettering Medical Center partners with Public Health – Dayton & Montgomery County to offer tobacco cessation classes. Annually eight 6-week classes are offered, and the average class size is 10 people. **Due to the pandemic all in-person classes were cancelled. Once in-person classes were allowed, attendance was low so no classes were offered. We do however offer tobacco cessation virtually with partners and have connected 70 people starting October 2021 and 258 people to tobacco cessation programs and resources.**

OneFifteen

OneFifteen is a new nonprofit health initiative. It is dedicated to the full and sustained recovery of people suffering from opioid addiction. Its campus will expand treatment options in the region, and it will have a treatment center (inpatient and outpatient), rehabilitation housing, and wrap-around services. Kettering hospitals will make referrals, and are partners with Premier Health Partners. Kettering Health Network has committed $2 million per year for three years.

**2020 Annual report:**

**2,030 individuals served**

**Telehealth was launched in March 2020**

**2021 Annual report:**

**241 people served in Inpatient Residential**

**95 people served in OneFifteen Living**

**2,642 people served in Outpatient Services**

**498 Narcan Kits distributed**

**6,489 telehealth sessions conducted**

**VP, CCO, CAO, CFO and RN serve on board.**

Brigid’s Path

## Brigid’s Path provides inpatient medical care for drug-exposed newborns and non-judgmental support and advocacy to improve family outcomes. Two KHN leaders serve on its board, and KHN provided its electronic health record software.

**In 2022 year to date (Total 48 babies provided medical care by Brigid's Path)**

* **Southview - 5**
* **Kettering Medical Center - 4**
* **Fort Hamilton - 1**

**2021 (total 43)**

* **Southview - 4**
* **Fort Hamilton - 3**
* **Kettering Medical Center - 1**

**2020 (total 44)**

* **Southview - 3**
* **Soin - 3**
* **Kettering Medical Center - 2**
* **Fort Hamilton-1**

 Accountability

The Hospital President will be responsible for ensuring progress on the measures used to evaluate the impact of each strategy. Periodic updates will ensure strategies stay on target. Annually hospital executive and board members will receive progress reports.

 *11 / 3 /2022*

##### Date approved by Kettering Health Board of Directors