ADDENDUM:

KETTERING HEALTH BEHAVIORAL MEDICAL CENTER 2020 – 2022

### Mission & Vision

#### Our Mission:

To improve the quality of life of the people in the communities we serve through health care and education.

#### Our Vision:

Kettering Health Network (KHN) will be recognized as the leader in transforming the health care experience.

#### Our Values:

* Trustworthy
* Innovative
* Caring
* Competent
* Collaborative

### Community Served

Montgomery County in Ohio

### Prioritized Community Health Needs

Priorities

The priorities for Kettering Behavioral Medicine Center are the top community health needs identified in the Community Health Needs Assessment (CHNA):

1. Mental health, including substance abuse
2. Access to care and/or services
3. Chronic disease
4. Healthy behaviors

Significant Health Needs to be Addressed

Implementation Strategies address Mental health, including substance abuse.

Significant Health Needs Not Addressed

Kettering Behavioral Medicine Center specializes in behavioral health. Its strategies impact the other priority areas but do not address them directly.

Process for Strategy Development

Bev Knapp, VP of Clinical Integration and Innovation, PJ Brafford, Network Government Affairs Officer, and Molly Hallock, Program Coordinator, Community Benefit convened internal stakeholders to ratify the priorities and to develop strategies. Strategies were discussed in two meetings to identify best-practice and evidence-based responses for the priority area. Preferred strategies also:

* Increased or leveraged connections with community-based organizations,
* Reflected the values and best practices of Kettering Health Network, and
* Promoted alignment and integration with state and local public health priorities.

Listed below are the meeting dates and attendees. The second meeting was facilitated by an external consultant, Gwen Finegan, who also provided technical assistance in follow-up emails and phone calls.

August 1, 2019

Michael Brendel, VP Patient Care

Bev Knapp, VP of Clinical Integration and Innovation

Toby Taubenheim, Clinical Coordinator

Becki Cox, Manager, Clinical Coordinator

Michele Garber, Outreach Coordinator

PJ Brafford, Government Affairs Officer

Molly Hallock, Community Benefit Coordinator

October 1, 2019

Michael Brendel, VP, Patient Care

Becki Cox, Manager, Clinical Coordinator

Bev Knapp, VP of Clinical Integration and Innovation

PJ Brafford, Government Affairs Officer

Kelli Davis, Community Benefit Coordinator

Molly Hallock, Community Benefit Coordinator

The hospital committee finalized its implementation strategies in October 2019. Senior leaders at the hospital approved final versions before presenting the implementation strategies to the Board of Directors in November 2019.

Several strategies are contingent on community involvement and partnerships for their eventual success. Hospitals traditionally have not sought to share responsibility for health outcomes with external partners. There is a degree of uncertainty about exactly how the collaborations will develop, but the potential of broad-based and tangible improvements is worth the risk. This level of sharing is the only path forward to improve impact for individuals and for the health of community. With robust community partnerships, another advantage will be the ability to respond as new emerging issues surface.

OneFifteen

OneFifteen is a new nonprofit health initiative. It is dedicated to the full and sustained recovery of people suffering from opioid addiction. Its campus will expand treatment options in the region, and it will have a treatment center (inpatient and outpatient), rehabilitation housing, and wrap-around services. Kettering hospitals will make referrals, and are partners with Premier Health Partners. Kettering Health Network has committed $2 million per year for three years.

**2020 Annual report:**

**2,030 individuals served**

**Telehealth was launched in March 2020**

**2021 Annual report:**

**241 people served in Inpatient Residential**

**95 people served in OneFifteen Living**

**2,642 people served in Outpatient Services**

**498 Narcan Kits distributed**

**6,489 telehealth sessions conducted**

**VP, CCO, CAO, CFO and RN serve on board.**

Behavioral Health Support Model

The Behavioral Health Support Model will be piloted at Kettering Medical Center. Its purpose is to support both the psychiatric patient population as well as the clinical staff caring for them in an acute care setting. Specialized staff will provide education to the patient utilizing therapeutic communication while incorporating de-escalation techniques and positive coping skills to prevent instability. The approach includes a Behavioral Health Assessment Team; a dual-certified Advanced Practice Provider; a Psychiatric Nursing Supervisor; and Mental Health Technician Safety Partners. Behavioral health assessments can occur at the hospital or via telehealth. Chemical dependency assessment would occur in the ED. The ED would be able to make referrals to treatment providers. The outcomes would be shorter wait times for assessments, reduced time spent in the ED, fewer unnecessary admissions, reduced readmissions, improved access to treatment, and more safety for patients and staff.

***BH patients being held in emergency rooms or needing psych consult on med floor are being seen within 24 hours of ordered consult.***

**Total Consults by year**

**2020 4,263 (9,574 RVUs)**

**2021 6,585 (15,227 RVUs)**

**2022 5,687 (14,131 RVUs) \*1/1-9/30**

***Reduce readmissions and unnecessary admissions (discharged within 24 hours).***

**Through our consult model, we have been able to discharge emergency room holds and patients being held on medical floors due to COVID protocol.**

***Improve implementation rates of treatment care plan.***

**We are uploading community plans into the EMR; APP’s are conducting daily rounding on patients with CON 53 orders to support care plans.**

***$12,000 for new Intouch machine (for telehealth).***

**These machines are purchased by the ED; we also used 3 Viewpoint licenses(1 at MC, 2 at DO). We began using DOXY during COVID surge.**

***Two (2) additional FTEs and dedicated psychiatrist to oversee program.***

**We added two APP’s. We have APP on campus coverage at MC, DO, MB and Soin. All other campuses are managed through tele health. There are instances where APP has travelled to KHWT.**

**2020:3,070 Visits**

**2021:3,073 Visits**

**2022:2195 Visits (YTD)**

**We are working to operationalize tele health hubs out of MC & DO directly to 115. We are actively involved with 3 Peer Support programs (GROW, Public Health, and Thrive)**

Trauma Response Training

In May 2019, multiple tornados touched down in highly populated areas in and around Dayton. Severe tornados, with winds up to 140 mph, caused devastation in the cities of Beavercreek and Trotwood. In August 2019, a mass shooting in Dayton’s busy entertainment district on Oregon Street claimed 9 lives in 32 seconds, and 27 people were injured. After both incidents, the Kettering Behavioral Medicine Center received requests for training and support to increase community awareness of trauma’s impact on mental health. The hospital will continue to conduct trauma training upon request. The hospital has also received requests from first responders for an Intensive Outpatient Program, which is being developed to start in 2020.

**Due to the Covid-19 pandemic, minimal programming was offered.**

#### Accountability

The Hospital President will be responsible for ensuring progress on the measures used to evaluate the impact of each strategy. Periodic updates will ensure strategies stay on target. Annually hospital executives and board members will receive progress reports.

*11 / 3 / 2022*

##### Date approved by Kettering Health Board of Directors